

# Understanding the Market Trends and Business Drivers of a Complex Healthcare Organization


**Mass General Brigham**

## HEALTHCARE ORGANIZATION

Large Healthcare System and Accountable Care Organization

## TOP RESULTS

- Increased operational efficiency by up to 75 percent
- Strategic questions answered up to 10 times faster
- Fivefold increase in the number of users adopting the analytics platform
- Drove cultural transformation from data to strategy

## PRODUCTS

- Late-Binding™ Data Warehouse Platform
- ACO/Shared Risk and Population Health Advanced Applications

## SERVICES

- Installation Services



The federal government established the Pioneer Accountable Care Organization (ACO) Model as a fast track for innovative organizations to move from a shared-savings to a population-based model for Medicare reimbursement.<sup>1</sup> In May 2015, the Department of Health and Human Services (HHS) shared evidence that this model is already fulfilling its promise.

According to HHS, the Pioneer ACO Model generated more than \$384 million in savings to Medicare over its first two years—an average of approximately \$300 per participating beneficiary per year—while continuing to deliver high-quality patient care. Furthermore, compared to their peers in Medicare Advantage plans, Medicare beneficiaries in Pioneer ACOs use inpatient hospital services less, have more follow-up visits after hospital discharge, and report more timely care and better communication with their providers.<sup>2</sup>

Mass General Brigham (formerly Partners HealthCare) is one of the 19 Pioneer ACOs operating in this successful but rapidly

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It is incredibly important to spend much more time organizing yourselves and determining what questions you are trying to answer rather than spending that time implementing technology without regard to what you want to get out of it.

Sree Chaguturu, MD  
Vice President  
Population Health Management  
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evolving regulatory and reimbursement environment. A not-for-profit health care system committed to patient care, research, teaching, and service to the local and global community, Mass General Brigham includes Brigham and Women's Hospital and Massachusetts General Hospital, other community and specialty hospitals, a managed care organization, a physician network, community health centers, home care, and other health-related entities.

Mass General Brigham had long recognized that continuously improving quality and value was essential to maintaining excellence. Mass General Brigham's leaders understood that solid strategic information on their business and quality drivers would be essential to this improvement. The strategic information they required needed to be able to differentiate trends within trends due to different market forces. For instance, a decline in volume of inpatient admissions from their own ACO may be good and a reflection of better medical management, while a decline in volume of referral patients from other healthcare providers may be a reflection of loss of market share due to increased competition, which would be viewed as a negative outcome. Specifically, they determined that understanding drivers of hospital volume and other strategic business trends, whether arising as a result of their medical management programs, changes in referral patterns, or changes in the market in general, were critical to their business success.

## UNDERSTANDING AND ANTICIPATING TRENDS IN VOLUME AND MARGINS

Mass General Brigham sought to establish a system that would enable its teams to monitor and respond more quickly to changes in volumes, margins, and market trends. Due to the critical nature of this information, the organization needed a rapid-design solution so it could deliver the product quickly.

To meet this goal, Mass General Brigham had to change the way it had historically approached data analysis. Instead of pulling all of the necessary data together and then focusing on the questions that needed to be answered, Mass General Brigham's leaders chose to focus first on the strategic need and intended use of the information. By placing emphasis on strategic questions rather than the technology solution itself, they could better ensure that the solution they designed would meet their business needs.

The organization also needed a sophisticated solution that would enable its teams to look at data from multiple angles with different inclusions and exclusions depending on the business question being

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The presence of aggregated—even easily accessible—information doesn’t change the culture overnight. Creating a culture that relies on data to inform decision making requires strategic programs for education and engagement.

Lynne Eickholt  
Chief Strategy Officer  
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asked. For example, Mass General Brigham needed to be able to see the information for all patients in the organization’s care management program, specific patient cohorts, referred patients by referral group, payer groupings, service lines, and more. In order to provide these multiple layers of information and filtering capability, the solution would have to include information from a wide range of data sources. In fact, it would have to include all information that would apply to answering questions about drivers, volume, and market trend. Furthermore, this data needed to include the most current data available; Mass General Brigham needed to analyze changes in trends in near real-time to inform strategically meaningful decisions.

Finally, Mass General Brigham’s leaders recognized that implementing a technology solution alone would not ultimately drive improvements to quality and cost. They would need to build user acceptance and adoption to move the culture toward one of data-driven decision making. As such, the solution they put in place would have to be intuitive and easy to use.

## DESIGNING AND IMPLEMENTING ANALYTICS FOR PROACTIVE BUSINESS DECISIONS

To address the issue at hand, Mass General Brigham needed to:

- 1 Design an advanced analytics application that addressed strategic questions
- 2 Deploy it quickly
- 3 Obtain stakeholder engagement and user acceptance so the application would affect real improvement.

### Design

Mass General Brigham’s leaders understood that the key to rapid design and limiting re-work was to identify the important business questions first and then build the solution to address them. Therefore, they first developed cross-functional teams to identify the key business questions and drivers as well as the key metrics that would help answer those questions.

Focused on drivers of trends in volume and margins, the teams identified these key business questions:

- How are cost pressures, changing market dynamics, and local/system initiatives impacting our volume and margin?
- What are leading indicators that could signal physician, outpatient, and downstream inpatient activity?

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Our previous data warehouse approach was a sandbox. We brought a lot of data together in one place where it was easier to play with—but it was also harder to maneuver it to answer strategic questions. We needed a more sophisticated, proactive approach to be able to use our data effectively to answer strategic questions.

Lynne Eickholt  
Chief Strategy Officer

Then, they evaluated use cases to further define the key business questions. For example, they analyzed potential internal and external drivers of declines in inpatient and outpatient volume. They determined that volume changes could be driven by any one—or a combination—of the following five categories:

- Provider market consolidation
- Changes in the sites that care are delivered
- Insurance plan strategy
- Patient cost exposure
- Our own business strategies including population health management initiatives, clinical affiliations, etc.

To evaluate a use case, the teams would run it through each of the four bullets to see what questions they would need to ask and answer in order to accurately determine the driver of the volume change. This process helped them recognize what information would be needed in the application to fully answer questions about changing volumes.

Using the key business questions defined by the cross-functional teams as a guide, Mass General Brigham designed an analytics application that could identify the underlying healthcare business drivers impacting hospital, outpatient and physician billing volume and margin. The application—internally branded as Healthcare Directions—leveraged data from Mass General Brigham’s enterprise data warehouse (EDW) platform, which brings together data from multiple sources. Currently they have integrated hospital billing, payer claims, and additional market data. They are planning to add in data from physician billing data, post-acute, hospital occupancy in the near future. The application was designed to monitor actual hospital and physician billing volume and margin trends in near real-time. Over time, it would allow the team to develop leading indicators (metrics) to help predict volume and changes in care requirements. Having this strategic insight and predictive capability would allow Mass General Brigham to foresee what services, care locations and specialties their patients would be needing so that they could make sure that their patients had access to the right care in the right place at the right time.

The team sought feedback from stakeholders to ensure that the analytics application presented information in a way that users could identify trends and further investigate the internal and external factors driving those trends through drill-down capability (Figure 1).

## FIGURE 1: SAMPLE INPATIENT TRENDS DASHBOARD

- 1 Trended volume information by category
- 2 Available filters for facility, service, payer, provider, and patient
- 3 Easily understandable trend lines by service line

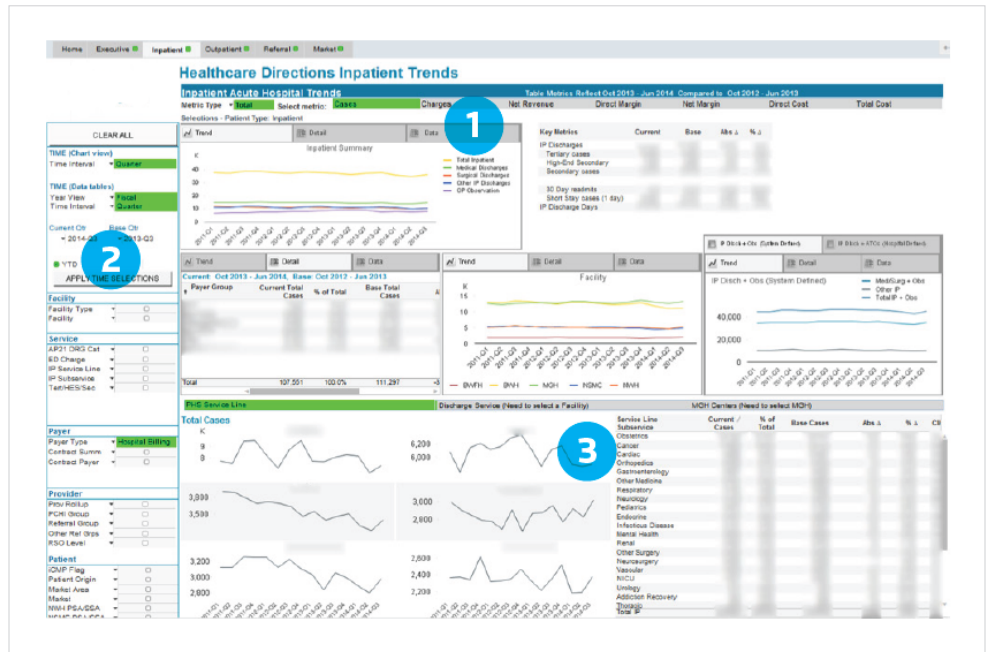


Figure 1: Sample inpatient trends dashboard

## Deployment

To deploy the application quickly and effectively, Mass General Brigham used iterative development and incremental implementation consistent with the Agile methodology. This rapid prototyping of models allowed for sequential releases on six to eight week cycles. Before investing the time to build each release, the team presented mockups to stakeholders for review to ensure that the product would meet their needs.

## Building acceptance and engagement

Recognizing that users are more likely to embrace data and information that is familiar, easy to access, and easy to understand, the Mass General Brigham team sought to consciously address those aspects in their application development and deployment. To make the data familiar, Mass General Brigham tried to accommodate local definitions of terms whenever they could, balanced by the need to standardize data definitions for consistency. The application delivers easily accessible and intuitive visualizations—such as graphs, tables, and trend lines—which are used to provide business intelligence to senior finance, clinical, and administrative leaders. Applying the application to known and needed use cases built acceptance and trust in the data and fostered willingness to use the information for other strategic purposes. Furthermore, the team offered executive, informational, and educational outreach programs around each new

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The creation of the EDW and the Healthcare Directions application allowed us to rapidly, proactively, and comprehensively analyze our business and understand how key metrics are trending over time.

Sue Moss  
VP Business Planning and  
Market Development

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release of the application. They relied on existing forums as vehicles to disseminate information as new capabilities were added to the application with each release.

Finally, members of the cross-functional workgroup that designed the application continued on as advisors to subsequent workgroups after deployment. Oversight by these subject-matter experts helped ensure that recommendations for revisions and improvements from the ongoing workgroups remained consistent with the application's strategic purpose.

## A SUCCESSFUL FRAMEWORK FOR DATA-DRIVEN HEALTHCARE STRATEGIES

The deployment strategy outlined above enabled Mass General Brigham to experience a rapid time to value. By approaching the implementation incrementally, the team was able to release functionality in six to eight week cycles, which quickly brought the tool into the hands of those who needed it. Ideas for improvement were rapidly incorporated into the next release cycle, enabling the team to accomplish the following results:

### Increased analytic efficiency by up to 75 percent

In the past, data analysts spent approximately 50 percent of their time on manual data collection and reporting. They have now reduced this time to 10-20 percent. These time savings enable them to dedicate their expertise to analysis and predictive modelling. As a result, the organization has increased its capacity to respond to analytic requests for sophisticated analysis and decision support.

At the same time, Mass General Brigham hasn't hired any net new staff or increased the budget in the finance and planning area for four years, and yet, within that timeframe, it has created two new departments and funded a process improvement team.

### Strategic questions answered up to 10 times faster

The Mass General Brigham team is able to answer strategic questions much more quickly. For example, service line reports that used to take 80 hours to produce can now be completed in eight hours. Furthermore, production of a report to evaluate underlying business assumptions for a new project when actual performance did not meet projections was reduced from 9 months to 3.5 weeks.

With easy access to data, Mass General Brigham is able to move more quickly from the analytic cycle to assessing strategic options.

“The work we have done is not just gathering data for the sake of gathering data. It’s about determining how to use the data strategically. And it’s about how we present the data to end users. Creating visualizations that make data less intimidating and easy for people to understand is key, and we worked with stakeholders throughout the design process to get their feedback. Useful visualizations of the data allow us all to be more focused and to use the data effectively to spot trends and find insights.”

Helen Chan  
Senior Manager  
Business Planning

Analytics is helping the team hone in on key issues faster and more accurately. It also helps the team avoid choosing the wrong plateau points when putting together a business model.

### Fivefold increase in the number of users adopting the analytics platform

Through the engagement strategy detailed above, Mass General Brigham was able to improve from a user base of 30 on its old analytics platform to 152 on the new platform. The team estimates a 25 percent adoption rate in the first year, and they expect to achieve full adoption within three years. Use of the data is expanding beyond the executive and operational audience. In a recent development, physicians have started to access the data, thus fostering more collaborative conversations. Mass General Brigham intends to continue building this momentum.

### Drove cultural transformation from data to strategy

With the new application, Mass General Brigham has achieved a greater strategic orientation. The organization has added value to its previous capabilities by generating strategic context for observed trends and creating linkages across data elements to understand activity by patient cohorts, provider groups, and across institutions.

The traditional method of trending budget to actual—comparing this year to last year or this quarter to the same quarter last year—works in static environments. But in a dynamic healthcare environment, this traditional method is too slow at recognizing turns in the business trajectory.

Mass General Brigham’s new method of identifying and monitoring drivers of trends gives the organization more actionable information for making business decisions earlier. With the new system, the ACO is able to effectively evaluate budget variances and determine whether they result from poor budgeting or are due to underlying changes in the market.

### WHAT’S NEXT

Mass General Brigham will incorporate data from additional key source systems into the EDW. The team also plans to improve current forecasting models and expand their usage in budgeting and strategic planning. These and other efforts will lay the foundation for the organization to move fully into a predictive analytics environment that will ensure that they have the resources and services to meet patient care needs well into the future. ♪

## REFERENCES

1. Pioneer ACO Model. (n.d.). Retrieved from Centers for Medicare & Medicaid Services website, <http://innovation.cms.gov/initiatives/Pioneer-ACO-Model/>
2. U.S. Department of Health & Human Services. (2015). Affordable Care Act payment model saves more than \$384 million in two years, meets criteria for first-ever expansion [Press release]. Retrieved from <http://www.hhs.gov/news/press/2015pres/05/20150504a.html>

## ABOUT HEALTH CATALYST

Health Catalyst is a mission-driven data warehousing, analytics, and outcomes improvement company that helps healthcare organizations of all sizes perform the clinical, financial, and operational reporting and analysis needed for [population health](#) and [accountable care](#). Our proven enterprise data warehouse (EDW) and analytics platform helps improve quality, add efficiency and lower costs in support of more than 50 million patients for organizations ranging from the largest US health system to forward-thinking physician practices.

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